

**Saint Rose Church  
Lent 2018**

The entire Season of Lent, from **Ash Wednesday, February 14<sup>th</sup>** to **Holy Thursday, March 29<sup>th</sup>** is a penitential season, a time for self-denial, prayer and Christian charity. During this season, you are strongly encouraged to participate in Mass and receive Holy Communion daily, to receive the Sacrament of Penance, to attend Lenten devotions and the Stations of the Cross, to read scriptures prayerfully and to perform acts of self-denial and works of mercy.

The specific discipline of the Church in the United States regarding penitential days is as follows:

1. The days of **fast and abstinence** are **ASH WEDNESDAY & GOOD FRIDAY**.
2. The other **Fridays of Lent** are **DAYS OF ABSTINENCE**.
3. The **Fridays of the year, outside of Lent**, are designated as **DAYS OF PENANCE**, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance. This may be physical mortification or acts of religion, charity or Christian witness.

Those between the ages of 18 & 59 are obliged to fast. By this obligation, the individual is permitted only one full meal a day.

At the age of 14, people are obliged to abstain. This obligation prohibits the eating of meat, but not eggs, milk products or condiments of any kind, even though made from animal fat.

**The obligation to observe the laws of fast and abstinence “substantially” or as a whole is a serious obligation.** Failure to observe one penitential day in itself is not considered serious. It is the failure to observe any penitential days at all, or a substantial number of days, which must be considered serious.

The obligation of receiving the Eucharist at least once a year should still be fulfilled during the period from the **First Sunday of Lent, February 18<sup>th</sup>** to **Trinity Sunday, May 27<sup>th</sup>**.

**Stations of the Cross with music will be held on Friday Evenings at 6:00 p.m. in the Church.**

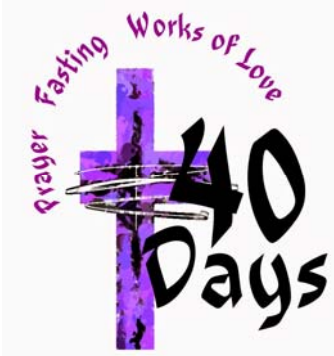
**Lenten Fish & Chips Dinner**

Friday, March 9, 2018

St. Rose High School Cafeteria, 4:45-8 pm.  
Cost is \$17.50.

For Tickets call: 732-681-0512

Take out available



**Daily Mass:** Monday, Tuesday, Thursday & Friday 6:45 & 9 a.m.  
Wednesday 6:45 & 12:10 pm.  
Saturday 7:45 a.m.

**Sunday Mass:** Saturday Vigil 5 pm  
Sunday 7, 8:30, 10, 11:30 & 5 pm

**Thomas Merton Discussion Group** 7:00-8:00 pm. Saint Rose Parish Center. First Wednesdays. Of the month. Information: 732-681-6238 | [GJRyan@wccm.org](mailto:GJRyan@wccm.org)

**HOLY WEEK SCHEDULE**

**Monday 3/26, 7 pm**  
Holy Hour & Confessions  
**Chrism Mass**  
7:30 pm Co-Cathedral of St. Robert Bellarmine, Freehold

**Thursday, 3/29**  
9 am Morning Prayer  
7 pm Mass of the Lord's Supper

**Friday, 3/30**  
9 am Morning Prayer  
3 pm Liturgy of our Lord's Passion  
7 pm Stations of the Cross

**Saturday, 3/31**  
9 am Morning Prayer  
12 Noon Easter Food Blessing  
7:30 pm Vigil Mass

**Sunday, 4/1**  
Masses: 7, 8:30, 10 & 11:30 am only

**EUCCHARISTIC ADORATION AND RECONCILIATION (CONFESSION)**

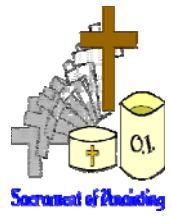
Besides the regular schedule of Confessions every Saturday afternoon from 4:00 to 4:50 p.m. **Confessions will be heard every Monday evening during Lent from 7:00 to 8:00 p.m. during our weekly Holy Hour.**

**Confessions for the Parishes of the Deanery will be on Wednesday, March 21<sup>st</sup>, 2018 at 3:00 pm and 7:00 pm. (places to be determined. Check our website at [www.strosebelmar.com](http://www.strosebelmar.com) for location)**

Please take advantage of this wonderful opportunity to celebrate God's Divine Mercy in the Sacrament of Reconciliation.

## Mass with the Sacrament of the Anointing of the Sick

*“By the sacred anointing of the sick and the prayer of the priests the whole Church commends those who are ill to the suffering and glorified Lord, that he may raise them up and save them. And indeed she exhorts them to contribute to the good of the People of God by freely uniting themselves to the Passion and death of Christ.”*(Catechism of the Catholic Church, 1499).



The Anointing of the Sick will be administered during a special Mass on Saturday, February 24, at 11:0 a.m. Any Catholic who is seriously ill or elderly or about to have surgery is invited to come to this Mass and be anointed by the priest. The person is anointed with holy oil on the forehead and on the palm of their hands. Children who have reached the age of reason (seven years) and are seriously ill can also be anointed. You may want to avail yourself of the Sacrament of Penance (Confession) some time prior to receiving the Sacrament of the Anointing of the Sick.

If anyone is in need of transportation, please call the Parish Office (732-681-0512).

### SHARE A MEAL SUNDAY

*“For I was hungry and you gave me food to eat”* (Matthew 25:35)

Did you know that St. Rose Parish distributes food weekly to those in need in our community? Come help us this Lenten season to fill our SVdP freezer! Food containers will be available at the main entrance of the church at all weekend Masses, from Ash Wednesday, February 14<sup>th</sup>, onward. Filled food containers (labeled), may be dropped off in the Parish Office during business hours. (9:30 to 12 noon & 1 to 4 pm) Too busy to cook? Please bring your leftovers! Let us work together this Lenten season to serve our neighbors as we fulfill this corporal work of mercy! Your generosity is greatly appreciated.



St. Rose R. C. Church  
Presents

### THE LIVING LAST SUPPER

March 23 & 24, 2018  
7:00 pm in the church



### ST. ROSE WOMEN'S GROUP RETREAT March 2-4, 2017

This year's theme is:

**“Living from the Heart”**

Please call Jude Daniel at 732-681-7545 to reserve your place. The cost of the weekend retreat is \$220 made payable to San Alfonso Retreat House.

### ST. ROSE MEN'S CORNERSTONE

Cornerstone, which exists in many northern NJ parishes, offers an opportunity for spiritual growth, fraternity and building up the parish community through monthly meetings and a “Weekend Retreat” to be held on the St. Rose campus St. Rose March 9 & 10.

All men are invited to attend. Contact Jack Kiernan: 609-647-5431

or email:  
jackvkiernan@gmail.com  
for additional information.

### PROGRAMS FOR LENT ONLINE

**Refresh, Renew, Revisit and Learn More about Your Catholic Faith, prayer, etc. Check out [FORMED.ORG](http://FORMED.ORG)**  
**Free parish subscription** to numerous and engaging DVDs, Audio talks, Movies for Children and Families, addressing Spirituality, Prayer, the Saints, Basics of the Faith, Religious Art, Sticky Catholic Issues and More.  
**All On-Demand on the Internet.** For first time use – go to **“Register”** and use **Parish Code: [RWX934](http://RWX934)**

[www.ascensionpresents.com](http://www.ascensionpresents.com) Youtube videos with Fr. Mike Schmitz  
– great for young adults

**Sign up to Receive Lenten Reflections**

<https://dynamiccatholic.com/bestlentever> Daily inspirational Email for Lent

<http://www.lentreflections.com> –Lenten Gospel Reflections from Bishop Robert Barron